

# Quality of Life Index (QLI)

by James Lani

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**The Quality of Life Index (QLI)**, Copyright 1984 and 1998 (USA) by Carol Estwing Ferrans and Marjorie Powers, was developed to measure quality of life, defined as "a person's sense of well-being that stems from satisfaction or dissatisfaction with the areas of life that are important to him/her"(1). The QLI measures importance of, and satisfaction with, different aspects of life.

It has been developed into many alternate versions such as an Arthritis Version and a Cancer Version, and has been translated into many languages. The generic version includes 33 items, using a 6-point likert-type scale, for each section (66 items total). Approximately 10 minutes is required for completion.

## Authors

[Carol Estwing Ferrans](#) and Marjorie Powers, 1984

## Reliability and Validity

[QLI Reliability and Validity](#)

## To obtain the QLI

The QLI website makes it available for use in non-profit research and non-profit clinical practice, for which there is no charge. For More Information and to Obtain the QLI, visit

[Quality of Life Index](#)

## Administration, Analysis and Reporting

Statistics Solutions consists of a team of professional methodologists and statisticians that can assist the student or professional researcher in administering the survey instrument, collecting the data, conducting the analyses and explaining the results.

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## References

Ferrans, C. (1990). Development of a quality of life index for patients with cancer. *Oncology Nursing Forum*, 17(3) suppl, 15-19.

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